

Weighted Blankets

*The drug - free
therapeutic
blanket that is
becoming the go to
intervention for . . .*

**INSOMNIA, ANXIETY, SENSORY DISORDERS,
ALZHEIMERS, DEMENTIA PARKINSONS AND MORE!**

Weighted blankets feature an even distribution of weight which exerts pressure all over the body. Based on Deep Pressure Stimulation (DPT), the blanket activates relaxation and stimulates the deep pressure touch receptors in a person's body, releasing serotonin. This gives the person a feeling of being grounded, calm and secure. In some ways, it feels like a **warm hug** and helps relax the nervous system.

People with alzheimer's or dementia have a few medical treatments available, but a weighted blanket can calm an agitated person in a loving way without the side effects of drug therapy.

The weighted blanket can also help insomniacs get their much needed sleep, and in addition they can be used while a person is awake. If the person is feeling anxious or stressed, the blanket can be draped across the legs or shoulders to reduce these symptoms, and includes the bonus of warmth.



OUR COST / EACH:

\$150.00

QUANTITY NEEDED: 5



STAFF ARE STANDING BY TO HELP YOU MAKE YOUR
RESIDENT LIFE - ENRICHING DONATION
CALL 800-994-7400