



The Healing Power of Music!

Music therapy has been used for centuries to relieve stress and promote a sense of well-being. By incorporating music into the lives of our residents YOU can help them experience its many profound benefits.

Recent studies have revealed that music therapy leads to increased secretion levels of "feel - good" brain chemicals, including melatonin, serotonin and neorepinephrine. Music has the amazing benefits of boosting mood, reducing stress and agitation, forstering positive social interactions, coordinating motor functions and even can improve cognition. As diseases progress and cognitive function declines, the human brain still naturally responds to music and the benefits continue long after the music stops.

Music has the unique ability to evoke memories and emotions from long ago. For adults in advanced stages of dementia, songs learned in childhood often trigger the most significant response.

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MUSICAL PERFORMANCE / THERAPY

SPONSOR ONE MONTH:

\$100

SPONSOR SIX MONTHS:

\$500

SPONSOR ONE YEAR:

\$1,200



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RESIDENT LIFE - ENRICHING DONATION
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